

Registration First...

Contact your local Child Care Resource and Referral home consultant to become a registered child development home with the Iowa Department of Human Services if you have not already done this.

Child Care Resource and Referral Home Consultants:

West Central Community Action Counties:

Regional Home Consultant:

Deb Martens

712-755-7381 or 800-945-9778

dmartens@swiowachildcare.org

Cass, Harrison, Mills, Montgomery, Monona, and Shelby Counties:

Jolene Mitchell

712-243-3118 or 800-945-9778

jmitchell@swiowachildcare.org

Crawford County:

Retta Mitchell

712-662-4255

rmitchell@mid-sioux.org

Fremont, Page, and Pottawattamie Counties:

Jeanette Linnenburger

712-322-2621 or 877-791-6201

jlinnenburger@swiowachildcare.org

Licensed centers in all counties contact:

Rod Bakken at (515) 281-5356.

To Enroll...

When you receive your certificate from the Iowa Department of Human Services, contact the CACFP Home Sponsor for the counties listed below.

**West Central Community Action:
Child & Adult Care Food Program (CACFP)**

Serving:

**Cass, Crawford, Fremont, Harrison, Mills,
Monona, Montgomery, Shelby, Page and
Pottawattamie counties**

Nancy Pash

Program Coordinator

West Central Community Action

P.O. Box 709, 1408 A HWY 44

Harlan, IA 51537

712-755-5135

npash@westcca.org

USDA Nondiscrimination Statement

“This institution is an equal opportunity provider.”

To file a complaint, write: USDA, Director, Office of Civil Rights, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, or call **800-795-3272** (voice) or **202-720-6382** (TTY).

It is the policy of the Iowa Department of Education not to discriminate on the basis of race, color, national origin, gender, disability, religion, creed, age or marital status in its programs or employment practices. To file a complaint write:

Department of Education, Grimes State Office

Building, Des Moines, Iowa 50319-0146,

515-281-5295

Through CACFP, 2.9 million children and 86,000 adults receive nutritious meals and snacks, each day, as part of their daycare <http://www.fns.usda.gov/cnd/Care/CACFP/cacfphome.htm>

CACFP can Benefit Your Child Development Home Business.



What is CACFP?

The Child and Adult Care Food Program is federally funded by the United States Department of Agriculture. The goal is to promote good nutrition and positive eating habits and attitudes for children in family child care homes.

How will CACFP Benefit the Families and Me?

Parents:

- Reasonable rates - No need to pass all of your food costs on to the parents.
- Confidence - Parents know that you have a registered child development home and their children will receive good nutrition.
- Parents will receive one of the few governmental supports of quality child care.

Children:

- Nutrition - Good nutrition assists proper growth and development.
- Learning - Children can participate in activities about food and nutrition.
- Routine - Children with a healthy diet and routines that affect eating, sleeping and playing are likely to be good-natured and sociable.

Provider:

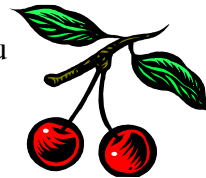
- Cash reimbursement - Receive monthly payment to supplement your income.
- Training - Nutrition training and on-site consultations.
- Newsletter - Food activities and ideas, other child care information.
- Professionalism - Parents see you as a professional; your records will be in order; and you gain increased self-esteem from knowing you provide nutritious meals and snacks
- Resources to borrow



What is Required to Participate?

Provider's Responsibilities:

- Must register as a child development home with the Iowa Department of Human Services. There is no cost to register. A Child Care Resource and Referral home consultant can help you understand and meet the guidelines.
- Prepare meals and snacks following USDA Basic Food Group guidelines. You plan your own meals. Nutrition experts are available to provide assistance if you want.
- Attend at least 1 1/2 hours of CACFP approved training each year.
- Keep accurate and honest daily records of attendance and meals served.
- Meet sanitation and other food preparation and service requirements.



Sponsor's Responsibilities:

- A non-profit organization is responsible for administration and fiscal management for all participating homes. They:
- Provide CACFP recordkeeping forms.
 - Are available to answer questions and provide information.
 - Provide at least six workshops a year.
 - Make three to five home visits a year.
 - Do necessary paperwork for reimbursement claims
 - Distribute monthly checks.



How Much is the Reimbursement?

The number of creditable meals you serve each month determines your reimbursement. You may receive reimbursement for either two meals and one snack, or one meal and two snacks that you serve to each child each day. The payment is not intended to cover all your food costs, but to serve as a supplemental reimbursement.

Rates for 7/1/09 thru 6/30/10 are:

	<u>Tier 1</u>	<u>Tier 2</u>
Snacks:	\$0.66	\$0.18
Breakfast:	\$1.19	\$0.44
Lunch or Supper:	\$2.21	\$1.33

What is Tier 1 and Tier 2?

Your sponsoring organization will determine which tier you are.

Tier I child development homes are those that are located in low-income areas, or those in which the provider's household income is at or below 185 percent of the Federal income poverty guidelines.

Tier II homes are those child development homes which do not meet the criteria for a tier I home. The provider in a tier II home may elect to have the sponsoring organization identify income-eligible children. Meals served to children who qualify would be reimbursed at the higher tier I rates.